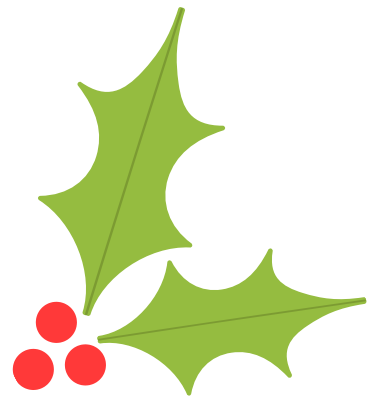


## Make Space

**CLUTTER GIVES US STRESS!**

*Clutter is no more  
than postponed  
decisions.*



*Grab that bag and start GETTING RID OF STUFF!  
Charity bags come through the door so often but if you  
are anything like me, I am not organised enough to have  
the clear out by the collection date! So do it now! Attach  
the charity bag to the clear out bag and you will be  
ready to go!*

*We have so much STUFF and it means nothing fits in  
the drawer, the shelves are full, the cupboard won't shut  
and that's before we bring more in for Christmas. This  
is the start of our clearing habit. Declutter your house  
and it will free space in your mind.*

