

Have Courage

YOU DO YOU...IT IS ENOUGH



*It takes courage to
show up and be who
you really are.*

It is a great habit to stand up for what you believe in. But sometimes that takes courage. Worrying about how you will fit in takes too much of our energy. Being brave enough to be genuine is a great habit to ease into during December. Don't agree with people with strong opinions because you are afraid not to. Be courageous.

