

<u>Trust</u> – If you doubt the rationale of every decision that Comes your way at work, it is exhausting. For December, hear the decision from leaders, trust it and make it work as if you had thought of it yourself.

Putting energy into making something effective is more motivational than rallying the troops to doubt and negate a strategy. As a Headteacher I had to make plenty of decisions that had multifaceted considerations. There are always pros and cons, but I worked hard to follow the advice of a well-respected former boss who told me to always consider the unexpected Outcomes. Once that had been done and a decision or action was shared, the energy surrounding implementation relied on the trust of colleagues to know that time and a bigger picture had been used to form the decision.

Use your energy to make something work. Remove

barriers, find **solutions** and be motivated by the satisfaction that **you can successfully implement ideas**. Positivity is <u>infectious and uplifting</u>. Trust the decisions of those around you at work this month. Be the person you would love to have on your team.