

Read

SOMETHING MAGICAL MIGHT HAPPEN!

“The more you **read**
the more **things** you know.
The more that you **learn**
the more **places** you’ll go.”
-Dr. Seuss

If reading is already a habit, then maybe open up to a new genre. If you don't read, then maybe you want to start with an app of daily motivational quotes to make you curious about your day. It is fascinating how guilty we can feel about the time taken to read but can dedicate hours to netflix. Start a habit. Ask a friend for a book recommendation, look at recommendations from social media book groups, ask for that book for Christmas. The best of all - join a book group! I bet your friends are already in one and would love you to join.

