

Give

YOU CAN MAKE SUCH A DIFFERENCE



This habit is infectious and thankfully I believe it is becoming more common. When I started, I found it addictive and played it like a game. The first time I tried this, I paid for petrol for someone behind me in the queue. I loved the feeling that they would get to the front and somebody would say, 'yours has already been paid for.' and they would never know who or why. It doesn't always have to be that costly, you can give time, arrange a meeting for others, pass on a book, the opportunities are endless. It works alongside Random Acts of Kindness. I have marked a set of books for a colleague (actually on many an occasion!) left flowers on a doorstep, picked up an extra treat in my weekly shop to leave on a desk.. The best bit about this habit is that the satisfaction comes from people not finding out It was you. Great challenge to your values.