

12th December 2020

Fearless - Be brave | strong | courageous | limitless

What's the problem? Does that not sound like you? Does that sound too tough?

Well that is where you are wrong! Once again it is all about mindset and not being your own personal barrier to your amazing path. I have met plenty

of fearless people in my lifetime – in fact if our paths have crossed, you may well be one of them! The trouble is, if I tag you in this post, you probably wouldn't believe me!

So here is your Challenge, your energy, your empowerment as we start the weekend.

<u>BET ON YOU!</u>

Find what it is that you would like to achieve (big or small) and purposefully remove the barriers one by one.

This book is another one for the Christmas list that will support your drive to being

fearless. It is a fantastic read – reassuring and challenging for both work and play.

The bestselling sensation (A)

DARING
GREATLY

How the Courage
to be Vulnerable
Transforms the Way
We Live, Love,
Parent and Lead

If you want to live more fully, just read this book'
Sir Ken Robinson, author of The Element

BRENÉ BROWN

Happy Fearless Advent!